

# LENGTH

1 inch	=	2.54 centimeters
1 foot	=	0.3048 meter
1 yard	=	0.9144 meter
1 mile	=	1.6093 kilometers

# LIQUID VOLUME

1 teaspoon	=	4.9289 milliliters
1 cup	=	0.237 liter
1 pint	=	0.4732 liter
1 quart	=	0.9463 liter
1 gallon	=	3.7853 liters

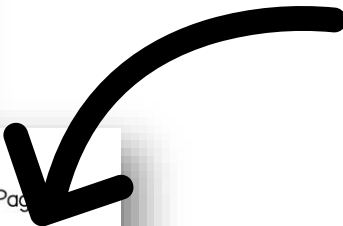
# WEIGHT

1 ounce	=	28.350 grams
1 pound	=	0.45359 kilogram

# EASY PRINTING GUIDE

## EASY PRINTING GUIDE

When printing, select "Actual Size" (don't choose "Fit to Page")



## EASY PRINTING GUIDE

When printing, select "Actual Size" (don't choose "Fit to Page")

Pg. 11-15

Pg. 17

Pg. 18

Pg. 20

Pg. 22

Pg. 24

## EASY PRINTING GUIDE

When printing, select "Actual Size" (don't choose "Fit to Page")

Pg. 26

Pg. 30

Pg. 32

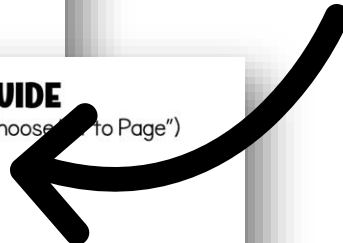
Pg. 34

Pg. 36

Pg. 38

## EASY PRINTING GUIDE

When printing, select "Actual Size" (don't choose "Fit to Page")



Pg. 40-41 →

**WEIGHT**

Pg. 42-43 →

1 ounce	=	28.350 grams
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Pg. 44-45 →

1 pound	=	0.45359 kilogram
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Pg. 46 →

453.59237 grams
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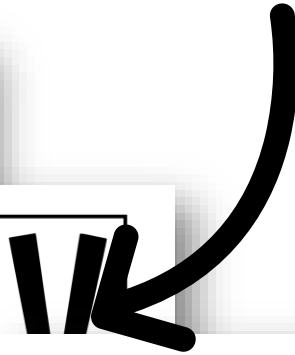
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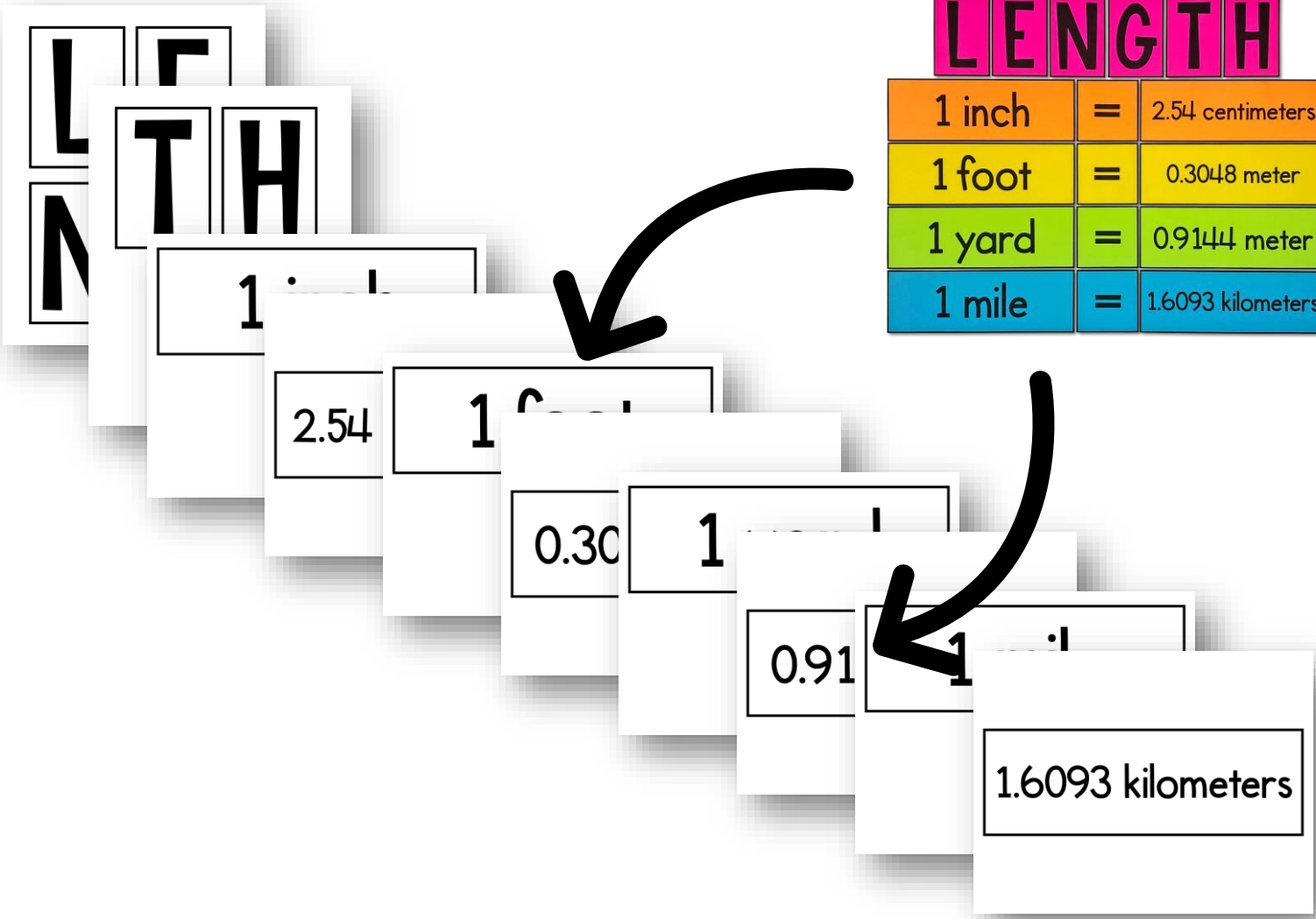
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EQUIVALENTS



# LENGTH

1 inch	=	2.54 centimeters
1 foot	=	0.3048 meter
1 yard	=	0.9144 meter
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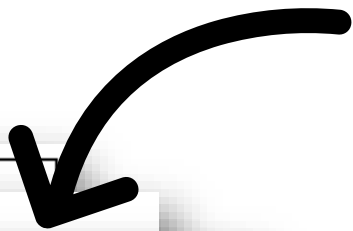
0. 1

0. 1

3.7853 liters

# LIQUID VOLUME

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1 ounce

28.350

1 pound

0.45359

453.59237 grams

